



# Becoming a chaplaincy volunteer



## Becoming a volunteer

Our network of fantastic volunteers support us in many different ways to enable people to live later life well.

#### Volunteering with MHA will give you:

- A rewarding role improving the lives of others
- Training opportunities
- Experiences in a varied environment
- Social interaction with others
- A sense of belonging to a close-knit community

We recommend speaking to your local chaplain first, visit mha.org.uk/volunteering to find your nearest MHA care home or retirement living community.

"Volunteering at MHA is extremely rewarding, from witnessing the joy the staff bring to the residents, to making friendships you never knew you would have – you truly feel a part of something really special.."

MHA volunteer



## Do you have?

- Excellent listening skills
- Patience, empathy and understanding of the needs of older people
- An ability to provide support to people of any faith or non-religious belief
- A good understanding of your personal strengths and limitations
- Flexibility
- A clear sense of personal boundaries
- A willingness to engage with training and development
- An ability to maintain confidentiality
- Reliability and punctuality

## Role of our chaplain

We place great importance on nurturing the mind, body and spirit of those we care for, their families and our colleagues. There is a devoted chaplain in each of our 90 care homes and in the majority of our 70 retirement living communities. Chaplains provide pastoral and spiritual support; leading worship and being there for each person regardless of faith, background or belief.

Chaplains offer a listening presence to all, and as such, embody the caring ethos and values that MHA seeks to nurture. The role of a chaplaincy volunteer is to support the chaplain in their duties.



Our values to respect, nurture and inspire are embodied by our colleagues and volunteers through the exceptional work they do.

## What does a chaplaincy volunteer do?

Every day in our care homes and retirement living communities is different, your role will involve some or all of:



- Assisting the chaplain in religious services and their duties
- Offering a listening ear to all residents, visitors and staff
- Visiting residents, engaging in conversation and/or reading scripture
   either one to one or in a group
- Supporting residents and families at the end of life

#### **About MHA**

Our award-winning charity helps to improve the lives of over 18,500 older people across Britain every day. As the only care provider to offer connected care and support through specialist care homes, thriving retirement living and vibrant community groups, our organisation is a leading light in later life care.

Our services are delivered by over 7,500 dedicated staff, enhanced by the commitment of around 4,000 volunteers.

As a charity with no shareholders, our surplus is reinvested into providing services and enabling people to live later life well.

MHA
Epworth House
Stuart Street
Derby DE1 2EQ

Phone: 01332 296200

Email: enquiries@mha.org.uk

MHA is a Registered Charity in England and Wales No. 1083995

