

Discover Retirement Living





Here at MHA we like you to get the most out of retirement.

Imagine living in a retirement community, offering a range of activities and social environments. Where you can live life to the full, meet like-minded people, make memories and enjoy independence in your own home.

Consider being part of a real community that looks out for each other, with companionships and friendships there at its heart, where life has a real sense of purpose.

Imagine retirement where you can...

Keep active

Both in mind and spirit. We facilitate our residents to form clubs and groups to share these pastimes and knowledge should they wish.

Join in at your leisure

Some schemes have a wide variety of activities going on, with fantastic Activity Coordinators. Other schemes run at a more relaxed pace, but all have communal areas for when you'd like some company.

“ *The reassurance of extra support, if required, gives me and my family great peace of mind.* **”**



Feel at home

Our whole team are involved in welcoming new residents and explaining additional services. From informal introductions, to meeting the chaplain, we support you to relax in retirement with optional support services available.

“ *Knowing help
is nearby
makes living
independently
easier.* ”



Live independently

Enjoy your own home with the knowledge that support is available 24 hours a day, allowing you to remain independent for as long as possible.

Be reassured that most offer on-site support 24 hours a day. Ask our friendly advisors what's included in your Wellbeing Service.

“ We’ve both looked forward to our retirement and now enjoy a choice of clubs and activities, keeping us busy doing the things we love! ”



Keen to move swiftly?

Find out more about MHA's relaxed retirement living today. You can even move in whilst selling your existing home.

Rent Before You Buy

The process is simple, enabling you to have a more relaxed move and even comes with a rent-free period. Terms, conditions and further weekly charges apply.

Flexible options

Ask about shared ownership and rental options available across most of our schemes.



Call 0800 479 2224

Epworth House, Stuart Street, Derby DE1 2EQ