



Woodlands

Poynton, Cheshire

Care and support for older people





Welcome to Woodlands

Specially designed, every detail of the layout at Woodlands is created to enhance the independence and dignity of residents.

Purpose-built in 1997, Woodlands is ideally located in a residential area within walking distance of the town center of Poynton in Cheshire. The two storey home is set in its own grounds and has space for 80 residents. The home offers residential, nursing and dementia specialist care in an environment designed for your ease of access and comfort.

Poynton is a picturesque town, and Woodlands is close to all the local amenities, including the train station, library, restaurants and shops.



Woodlands, Poynton

Your Home

Privacy and independence, friendship and support – 24 hours a day

Woodlands offers care and comfort, compassion and friendship. At the heart of all we deliver is our assurance that you will be treated with the respect and dignity that we all deserve. If you need anything at all, we're here to help, 24 hours a day.

Whether in the privacy of your own room or relaxing in the company of your friends and neighbours, we will support you to spend your time doing the things you enjoy. Let us know if it's music, a favourite newspaper, exercise or a spot of pampering at the salon. Landscaped gardens invite you to appreciate the fresh air and there's a wide range of social events and activities to enjoy.

Meal times are a special part of the day for you to savour tasty food, freshly cooked by our chef to suit you and any dietary needs. And of course, refreshments are available throughout the day for you and your visitors, who are welcome at any time.

Woodlands has the latest safety and security design features so you can live life to the full with peace of mind.

Your Care

Our commitment to your wellbeing

Our highly trained, dedicated members of staff will always be on hand to provide your care and support in the way that best suits you, in the comfort of your own room with en-suite facilities.

We choose the people who work with us very carefully.

They need to share our values and respect people, their life experiences and personal choices.

We take pride in the cleanliness and maintenance of your home and provide a thorough and friendly cleaning service. Your clothes will be carefully laundered and returned to you, clean and fresh.



Above & Beyond

Nurturing mind, body and spirit

Spiritual needs vary as we each experience wellbeing and fulfilment in different ways. That's why, at the Woodlands, we offer so many opportunities to foster relationships and positive experiences – from developing new skills and fulfilling personal ambitions to creative pursuits and trips out.

All MHA's care homes have a designated Chaplain who is available for private conversations on any matter close to your heart, and arranges worship services for those who wish to attend.





About MHA

MHA is an award-winning charity providing care, accommodation and support services for older people throughout Britain. We are one of the most well-respected care providers in the sector and amongst the largest charities in Britain, providing services to older people for almost 75 years.

Our aim is to eliminate isolation and loneliness among older people by connecting them in communities that care.

MHA provides a range of high quality services to more than 17,800 older people:

- 10,330 older people supported through 61 Live at Home services in the community
- 2,820 older people living independently in 70 retirement living communities with flexible support and personalised care, with a further seven sites in development
- 4,680 older people living in 88 care homes – residential, nursing and specialist dementia care – with two more in development

Our services are provided thanks to 7,000 dedicated staff and enhanced by the commitment of 5,500 volunteers.



MHA, Epworth House, Stuart Street, Derby DE1 2EQ
Phone: 01332 296200 Fax: 01332 296925 Email: enquiries@mha.org.uk

Registered as a Charity – No. 1083995 Company Limited by Guarantee – No. 4043124

Find Out More

We would be delighted to welcome you and your family or friends to see the Woodlands for yourselves.

Woodlands

Middlewood Road, Poynton, Cheshire SK12 1SH

Contact **01625 877 112**

Email woodlands.poynton@mha.org.uk

or Visit www.mha.org.uk