









Cromwell House

Norwich

Care and support for older people

MHA

bringing quality to later life









Welcome to Cromwell House

Specially designed, every detail of the home's layout is created to enhance the independence and dignity of residents

Cromwell House provides residential care and support and is situated within a quiet suburban area, half a mile south of Norwich city centre. The location ensures both quiet surroundings and a relaxed pace of life.

The local shops are situated within easy reach of the home and a library van also visits regularly.

The local attractions within Norwich are numerous. Just speak with our care team who will be happy to advise you on all the places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.



Cromwell House, Norwich

Your Home

Privacy and independence, friendship and support - 24 hours a day

Cromwell House offers care and comfort, compassion and friendship. At the heart of all we deliver is our assurance that you will be treated with the respect and dignity that we all deserve. If you need anything at all, we're here to help, 24 hours a day.

Whether in the privacy of your own room or relaxing in the company of your friends and neighbours, we will support you to spend your time doing the things you enjoy. Let us know if it's music, a favourite newspaper, exercise or a spot of pampering at the salon. Landscaped gardens invite you to appreciate the fresh air or tend the plants if you wish. There's a wide range of social events, so you never need to feel bored or lonely.

Meal times are a special part of the day for you to savour tasty food, freshly cooked by our chef to suit you and any dietary needs. And of course, refreshments are available throughout the day for you and your visitors, who are welcome at any time.

Cromwell House has the latest safety and security design features so you can live life to the full with peace of mind.

Your Care

Our commitment to your well-being

Our highly trained, dedicated members of staff will always be on hand to provide your care and support in the way that best suits you, in the comfort of your own room with en suite facilities.

We choose the people who work with us very carefully.

They need to share our values and respect people, their life experiences and personal choices.

We take pride in the cleanliness and maintenance of your home and provide a thorough and friendly cleaning service. Your personal washing will be carefully laundered and returned to you, clean and fresh.



Resident and Care Assistant help to make the garden grow

Above & Beyond

Nurturing mind, body and spirit

Spiritual needs vary as we each experience well-being and fulfilment in different ways. That's why, at Cromwell House, we offer so many opportunities to foster relationships and positive experiences – from developing new skills and fulfilling personal ambitions to creative pursuits and trips out.

All MHA's care homes have a designated Chaplain who is available for private conversations on any matter close to your heart, and arranges worship services for those who wish to attend.

As part of MHA's desire to offer the very best in later life, we also provide additional therapies such as reflexology for your well-being. These gentle one-to-one sessions aim to bring calm and relaxation.



Resident and Chaplain chatting

















About MHA

Our mission is "to improve the quality of life for older people, inspired by Christian concern".

MHA is a well-established charity with 70 years' experience and is one of Britain's most respected care providers. Providing a range of accommodation, care and support for 16,000 older people nationwide, we offer choice and quality.

Our services are delivered by:

- 7,000 dedicated staff members, and
- enhanced by the commitment of 4,000 volunteers.

MHA is a leader in the field of specialist dementia care and support.

Find Out More

We would be delighted to welcome you and your family or friends to see Cromwell House for yourselves.

Please contact us on: 01603 625961
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Independent Healthcare Awards 2012
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LAING & BUISSON

The Queen's Diamond Jubilee Volunteering Award 2012