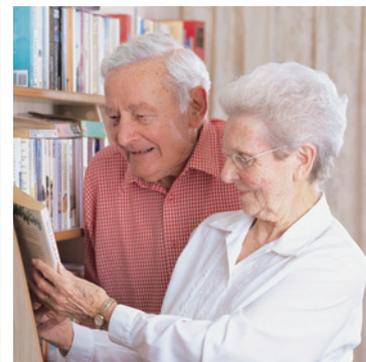


Tranquility Court, Leeds

Independent Living



Comfortable one-bedroom apartments designed for later life

Tranquility Court

We understand that moving home is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Tranquility Court offering:

- the privacy and pleasure of your own home within a friendly community,
- 24-hour support,
- the latest safety and security.

Enjoying later life to the full is all about having comfort, security and independence – the freedom to live your life, free from hassle and worry, with support available when you need it – and that's exactly what Tranquility Court offers.



About Tranquility Court

One might suppose that the name 'Tranquility' was chosen for this Sheltered Housing development simply because it seemed appropriate to such a Scheme. In fact it was because the land where it stands was once owned by a Mr Bob Tranquility.

Designed to make life comfortable for older people accommodation is arranged on three levels with a lift and wheelchair access throughout.

The complex comprises 22 purpose-built apartments, seven which are doubles, 15 are for single occupation. The one-bedroom apartments are suitable for single occupation and double apartments are suitable for individuals or couples.

The Location

Tranquility Court is situated on Tranquility Avenue, Cross Gates, in Leeds within easy walking distance of all the local shops, shopping centre amenities and public transport.

Local attractions include Leeds Art Gallery and the Millennium Square, which is surrounded by some of the city's most important buildings including the Town Hall, Civic Hall and Theatre. The Yorkshire Dales, Ilkley Moor and the Yorkshire Sculpture Park are all outstanding locations within easy reach of the city.

Apartments

The light and spacious accommodation comprises:

- One bedroom,
- Lounge/dining area,
- Fully fitted kitchen with space for a fridge and an electric oven,
- Bathroom with a specialist low-sided bath, grab rails, toilet and shaver point,
- Additional built-in storage in the entrance hall and bedroom,
- Slip-resistant flooring in kitchen and bathroom.

Communal Areas

Shared facilities include:

- A communal lounge with kitchenette for social functions and activities,
- A communal laundry,
- An en suite guest room for visitors,
- A level-access shower room where you can enjoy a refreshing shower,
- An attractive and well-maintained courtyard garden providing plenty of outdoor space for your enjoyment,
- The convenience of enclosed private car parking.

Flexible Support on Your Doorstep

At Tranquility Court a dedicated Scheme Manager is available to residents between the usual hours of 9am and 3pm (Monday to Friday), providing flexible support tailored to your individual needs.

The Manager is responsible for organising all the cleaning and maintenance of the building so you don't have to worry.

All residents receive a regular daily call to discuss possible issues or offer friendly advice and support. Social activities and events are also organised for your enjoyment.

Our aim is to enable you to continue to live independently in your own home and maintain a good quality of life.

Safety & Peace of Mind

You will have no worries about security. A video door-entry system enables you to see visitors on your television and speak to them on your phone, before opening the front door – all from the comfort of your own apartment.

In the case of an emergency outside the Scheme Manager's working hours help is always at hand with our emergency call system. Pull-cords are located in the lounge, bedroom and bathroom and if required each tenant has a pendant to access an alarm control centre, which allows you to call for emergency assistance at any time.

Spiritual Well-Being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

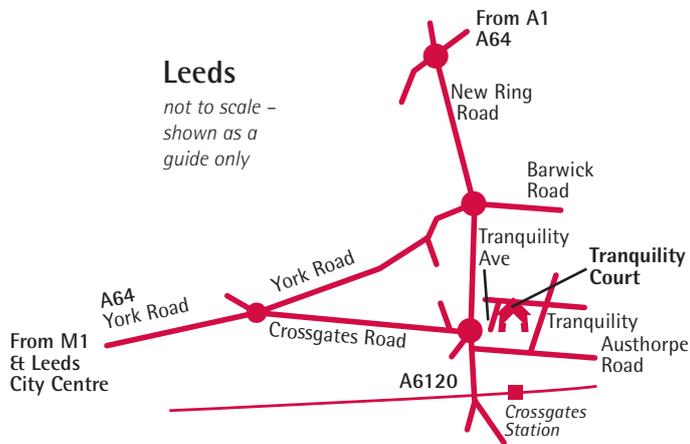
In addition to our caring staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Quality Standards

We offer a welcoming environment with caring support to all our residents. MHA has been awarded accreditation by the Centre for Sheltered Housing Studies, which means that we meet all their high-quality requirements.

We are registered with the Tenant Services Authority and fully comply with their requirements and those of the Care Quality Commission. MHA Managers regularly monitor all our housing schemes to ensure service delivery is the very best. Staff are chosen carefully to meet the standards required, regularly updating skills and knowledge to meet residents' needs.





Map not to scale –
shown as a guide only

Where Are We?

From M1

Leave the M1 at Junction 46. At the bottom of the slip road turn left onto A63 Selby Road towards Leeds. Go straight over the first roundabout continuing along the A63. At the next roundabout take the third exit onto A6120 (Leeds Ring Road). Continue onto the next traffic island and approach in the right-hand lane. Go all the way around the traffic island leaving at the fourth exit to travel back along the A6120 in the opposite direction (heading back towards the M1). Turn immediately left into Austhorpe Road.

Take the second turn left into Tranquility and left again into Tranquility Avenue, Tranquility Court is at the end on the left. Limited parking is available at the rear of the building.

From A1

Leave at the A64 York/Leeds junction and proceed on this road towards Leeds city centre. Pass Marwick Hall and Farm on your left and at the roundabout take left towards Seacroft. At the next roundabout continue straight on and at the Crossgates roundabout go straight on and then immediate left into Austhorpe Road. Follow directions in italics above.



Interested in finding out more?

Please give us a call on:

0113 260 6948

We will be delighted to talk to you.

Tranquility Court

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Crossgates

Leeds

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housing and care for older people

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Registered as a Charity - No. 1083994

Company Limited by Guarantee - No. 4038631

Registered Social Landlord with the Housing Corporation - No. LH4300