

# Pennystone Court, Blackpool

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Residential Care



Person-centred care and support

# Pennystone Court

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We understand that choosing the right care environment is an important decision, and at MHA we care about your new home as much as you do. Working with older people for over 65 years, we have used our experience to develop a special service at Pennystone Court offering:

- residential care within a friendly home environment
- a personal care package tailored to meet your individual needs
- an on-site dedicated staff team to provide you with 24-hour care.

## MHA – Where People Care

Making the decision to move into care can be a challenging time, and we aim to reassure you that it can be a move towards a more fulfilling later life. MHA's care homes offer a comfortable environment that provides peace of mind, security, support and stimulation. We see every resident as a unique individual and provide care that is based on respect and loving support.

## Pennystone Court

Pennystone Court is situated within beautifully landscaped grounds in North Shore, Blackpool. The location is a leafy suburban setting, which ensures both quiet surroundings and a relaxed pace of life.

Here we provide residential care in a purpose-built setting, designed for both your ease of access and comfort, with an on-site dedicated staff team to provide you with 24-hour care and support.

## Your Accommodation

As a resident, you'll enjoy staying in your own private single room, designed to make your life at Pennystone Court a relaxing and comfortable one. Bright and airy, your room comes complete with high-quality furnishings and is yours to personalise to your own taste and make your own.

All rooms have modern en suite facilities, TV and telephone points, enabling you to relax and enjoy calls within the privacy of your own room.

## Your Care

We aim to give each individual person-centred care within a calm and relaxed environment. We encourage you to share in the development of your own personal care plan and we will organise daily activities to suit your personal interests and abilities, to maintain life skills.



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Your keyworker will spend time with you to develop your individual care plan and inform other staff about how you wish to spend your time. This way we can ensure that we address all your personal needs.

Most importantly we ensure each resident is treated with the respect and dignity that we all deserve.

### **The Care Team**

Our Home Manager is a fully qualified professional who leads a team including a deputy manager, team leaders, care assistants and support staff. All our staff are fully trained in MHA's high-quality care and play a vital part in the creation of a natural, homely atmosphere within Pennystone Court.

### **Health Care**

As a resident of Pennystone Court, you will have access to the full spectrum of local health and medical services such as your own GP, hospital appointments and community nursing services. A chiropodist, an optician, an occupational therapist and a dentist all visit residents regularly. All you need to do is inform a member of our care team if you would like to make an appointment with one of these health professionals.

### **Cleaning and Laundry**

Our domestic assistants are responsible for the cleanliness and maintenance of the home and will provide you with a thorough room cleaning service on a regular basis.

Our laundry facilities are fitted out to commercial standards and your personal washing will be carefully cleaned and returned to you within 48 hours.

### **Meals and Refreshments**

Our food is freshly prepared on site by highly trained and experienced staff. Daily menus are prepared in consultation with residents, and this enables us to provide you with a tasty and interesting diet. All of the catering staff are further trained in meeting any specialist dietary requirements as well as your own individual preferences.

We serve meals three times per day in our dining rooms, plus morning coffee with biscuits and afternoon tea.

### **Security and Peace of Mind**

Help is always at hand with our emergency call system. A call bell point is provided in every room so that in an emergency the care staff can come to your aid immediately – 24 hours a day, 365 days a year. Our external doors are all controlled by an alarm, making the home secure and our fire alarm is tested every week. We regularly update staff on fire precautions and procedures.

### **Social Facilities**

Pennystone Court has a number of residents' communal areas including spacious lounges and dining rooms. You'll find these areas very sociable and popular meeting places for our residents.

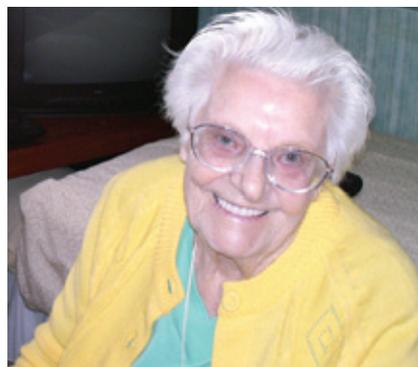
While we always respect your privacy, we have our own Activities Co-ordinator who organises a complete schedule of activities for you to take part in if you wish. These include painting, crafts, sing-alongs, books on tape, physical fun, games, bingo and speciality coffee mornings. Theatre groups, musicians and entertainers visit the home regularly and we also like to organise social events and outings. In addition, we have a hairdresser who will tend to your needs in our own well-equipped salon or provide you with hairdressing services in your room.

### Community Facilities

Claremont, within Blackpool, has a park that is minutes away, and in the summertime residents often go bowling there. There is also an active local community centre that has numerous events on throughout the week. The sea front and promenade are also just a short distance away from the home.

Blackpool town centre has lots of shops, theatres and amusements for all in addition to a main Post Office and library. There are also the beautiful gardens and boating lake at Stanley Park, and Blackpool Zoo is a short bus ride away.

Our care team will be happy to advise you on all the local places of interest that we may be able to arrange for you to visit, whilst being sympathetic to your care needs.



Every year the Blackpool illuminations are definitely worth a visit and our residents look forward to this outing.

### Quality Standards

We operate our own Quality Standards Programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

### Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is achieved by nurturing the human spirit: through relationships and positive experiences – be they with God, family and friends, animals, nature, music, art or other creative activities.

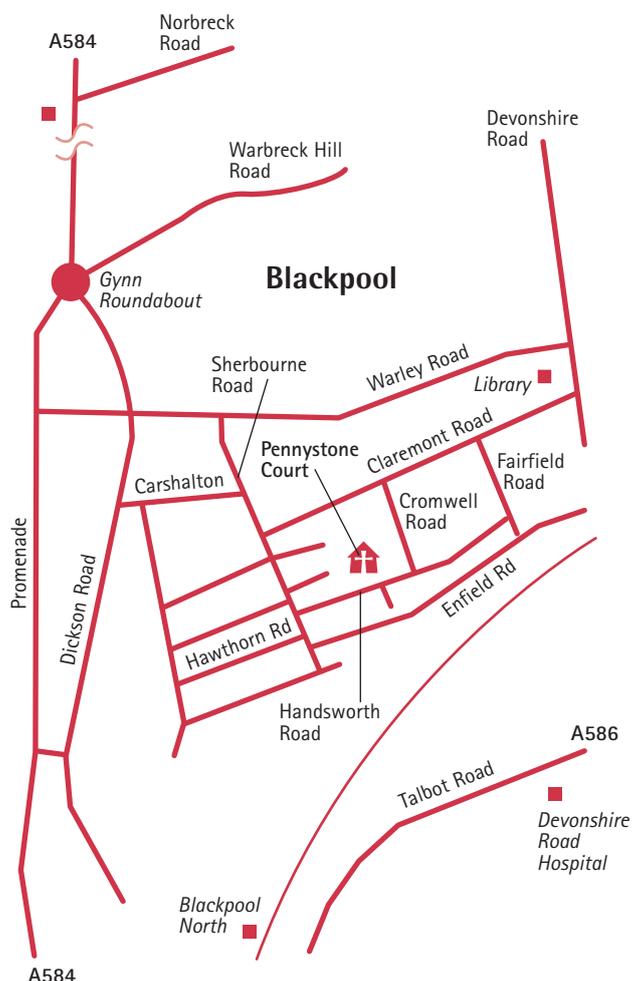
In addition to our care staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

### Visitors

Friends and family can visit you whenever they wish and are welcome to join you for a meal, for which we charge a small fee.

### Where Are We?

The easiest route to Pennystone Court is to take the Promenade and travel north towards Gynn Square. Before the roundabout turn right into Warley Road. Next take the second right into Sherbourne Road and then the fourth left into Handsworth Road. You will find Pennystone Court approximately 150 metres on the left. We have a small parking facility at the front of the building and there is also ample parking on the roadside.



Map not to scale – shown as a guide only



### Interested in finding out more?

Please give us a call on  
**01253 752307.**

We will be delighted to talk to you.

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housing and care for older people

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