

# Bridge Court, Wolverhampton

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Independent Living with Care



Comfortable one- and two-bedroom apartments designed for later life

# Bridge Court

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We understand that moving home is an important decision and at MHA, we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to offer a new lifestyle option for later living.

- The privacy and pleasure of your own home within a friendly community
- Shared facilities such as a dining area and hair salon
- 24-hour specialist support and care
- Safety and security.

Enjoying later life to the full is all about having comfort, security and independence – the freedom to live your life, free from hassle and worry, with good quality care and support tailored to your individual needs – and that's exactly what Bridge Court offers.



## About Bridge Court

Bridge Court is a purpose-built development of modern apartments situated at the end of a quiet suburban road in Wednesfield.

Bridge Court offers 40 self-contained apartments. 35 are one-bedroom apartments and five are two-bedroom apartments. The apartments are arranged on three levels with a lift and wheelchair access throughout.

## The Location

Bridge Court is situated on Moathouse Lane West in Wednesfield, offering easy access to all the local amenities. The development is within half a mile of Wednesfield's shopping centre; and Wolverhampton's city centre – including the Manda Centre, the Wulfrun Centre and the traditional Beatties Department Store – is just a short bus ride away.

Local places of interest include the Molineux Stadium – home to the Wolves F.C. – the West Midland Safari Park and the Black Country Museum.



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## Apartments

As a resident, you will have a private apartment that is bright and airy with quality fixtures and fittings. Each apartment has a lounge, kitchen, bathroom and one or two bedrooms.

TV aerial and telephone points are provided in the lounge and bedroom. Each kitchen has a range of wall and base units, a fitted electric oven and hob and spaces for a fridge and washing machine. Bathroom facilities include non-slip flooring, a walk-in, level access shower with grab rails and a shaver point. Each apartment is double glazed and has central heating.

## General Facilities

The scheme offers communal facilities for socialising and making friends. There is a large comfortable lounge overlooking the front gardens which can be used for social functions, a dining area, a communal laundry, health/therapy room, guest room and assisted bathrooms.

On the first floor there is a fully equipped hairdressing salon which is open regularly for your convenience and a quiet seating area which overlooks the scheme's gardens.



## Meals

Residents have the choice of preparing their own food at home, or, alternatively, eating in the scheme's dining area. Our cook is highly trained and experienced in meeting special dietary requirements, and regularly consults residents to ensure varied and interesting menus.

## Social Facilities

There is no reason why you can't maintain any existing links you have with the local community or develop new friendships and relationships. Social events are organised by staff and volunteers at the centre as well as a diverse range of other activities.

## The Manager

The Manager is there to help you get the most out of living at Bridge Court. The Manager is responsible for the day-to-day running of the scheme, working alongside the staff team and other professionals to ensure that you are receiving the care and support you need to maintain a good quality of life.

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## Care Services

Support services are provided by an experienced staff team, which ensures a 24-hour service is available to all residents. This service is paid for through a well-being charge.

Individual care and support requirements are identified in your personal care assessment and plan, which is developed in consultation with you. This will ensure your specific care needs for daily life are met.

All our staff are professionally trained and are available to support you with your personal needs, including medication, preparing drinks and snacks, cleaning and laundry, collecting pensions, paying bills, contacting GPs and dealing with emergencies, as required.

We will also monitor the care delivered to you and with your agreement, we can liaise with Social Services and other professionals for any additional care requirements. These services are billed separately from your rent, service and well-being charges.

## Cleaning & Laundry

To enable our residents to retain their independence, everyone is given the option of undertaking their own cleaning and laundry. The communal laundry is available throughout the day at no extra charge to the individual. Alternatively, for those who have assessed needs in this area, support will be provided by staff on-site.

## Security & Peace of Mind

Entry to the building is through a main front door, which is always kept locked. A door-entry system enables you to speak to visitors before opening the front door, all from the comfort of your own apartment.

Help is always at hand with our emergency call system. A pull cord is located in all the apartments/communal areas which allows access to staff. We respond promptly to calls for help, 24 hours a day, 365 days a year.

Assistive technology is available for added security, and monitoring your health when needed.

## Visitors

Your guests are always welcome and a double guest room is available for visitors to stay in, at a small charge.

## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is different for each individual. Religious faith, good relationships, and positive experiences all play their part. We see the beneficial effects of visits by family and friends, the presence of animals, and in engagement with nature, music, art or other creative activities.

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In addition to our caring staff and many volunteers, we have our own Chaplain who is available for pastoral support.

Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

### **Quality Standards**

We operate our own quality standards programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

### **Where Are We?**

#### **From Wolverhampton Centre.**

Follow signs for Wednesfield, and join the A4124, signed Wednesfield and H for hospital, pass through Heath Town, and continue on the A4124. Pass New Cross Hospital on your left, then continue along this road.

As you enter Wednesfield centre there is a small roundabout. Take the second exit, keeping Somerfield on your left. Pass the police station on your right, then turn left at the lights and right over the bridge at the next set of lights. Pass the shops on your left and at the island go straight over onto the B4484, Wood End Road.

Continue along here until you reach The Castle Pub on your left. Moathouse Lane West is opposite, on the right.

#### **From the M54.**

Leave the M54 at junction 1 signed Wolverhampton. Take the third exit at island onto the A460, signed Featherstone/Wolverhampton and carry on until you come to the Mill House Pub on the left. Go left down the side of the pub and go straight over the next two islands to the end of the road. At the lights turn left.

Moathouse Lane West is the second turning on the right opposite The Castle Pub.

#### **M6 South.**

Leave the motorway at junction 10 joining the M54, signed Telford and Wolverhampton (same direction as from the M54).

#### **M6 North.**

Leave the motorway at junction 11, at the island take the third exit signed W-ton. Follow the road on until you get to the Mill House Pub on right and follow the route as per M54.

#### **Bus routes.**

From Wolverhampton take the 525 bus. Get off the bus at Ridge Lane. Turn left at the end of the road into Moathouse Lane West.





### Interested in finding out more?

Please give us a call on:

**01902 738124**

We will be delighted to talk to you.

Bridge Court  
43 Moathouse Lane West  
Wolverhampton  
WV11 3HE

Fax: 01902 737874

Email: [scheme.wednesfieldbri@mha.org.uk](mailto:scheme.wednesfieldbri@mha.org.uk)



housing and care for older people

### Head Office

Epworth House  
Stuart Street  
Derby  
DE1 2EQ

Phone: 01332 296200

Fax: 01332 296925

Email: [enquiries@mha.org.uk](mailto:enquiries@mha.org.uk)

Website: [www.mha.org.uk](http://www.mha.org.uk)

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