

# Rowanberries, Bradford

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Independent Living With Care



Comfortable one and two-bedroom apartments designed for later life with 24-hour support



# Rowanberries

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We understand that moving home is an important decision and at MHA, we care about your new home as much as you do. Having worked with older people for over 70 years, we have used our experience to offer a new lifestyle option for later living.

- The privacy and pleasure of your own home within a friendly community
- Shared facilities such as a restaurant and hair salon
- 24-hour specialist support and care
- Safety and security.

Enjoying later life to the full is all about having comfort, security and independence - the freedom to live your life, free from hassle and worry, with good quality care and support tailored to your individual needs - and that's exactly what Rowanberries offers.



## Rowanberries

Rowanberries is a purpose-built development of modern apartments situated on Baldwin Lane in Clayton, Bradford.

The development offers 45 self-contained apartments, of which 20 have one double bedroom and 26 have two bedrooms. Apartments are available for rent, sale and shared ownership.

The apartments are arranged on four levels with a lift and wheelchair access throughout. There is also an adjoining Resource Centre to benefit people living in the local community.

## The Location

Once a 'true' village in its own right, Clayton has now been absorbed into the larger Bradford conurbation. Nevertheless, locals still feel that the area has a village feel about it, with a main street that includes several traditional pubs. There are also several shops, churches, and a nearby golf club. From the reservoir at Clayton Heights there are fine views towards the hills of the Yorkshire Dales and Bronte Country. Although not directly associated with the Brontes itself, Patrick Bronte did live in the area and would have known Clayton.

Bradford also has many fine examples of Victorian architecture which illustrate the city's impressive past and include an area known as Little Germany, the Wool Exchange and the National Media Museum.

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An attraction not to be missed is Bradford Cathedral, the city's place of worship for centuries. The oldest parts of the present building were completed in 1458.

### **Apartments**

As a resident of Rowanberries, you will have a private apartment that is bright and airy with quality fixtures and fittings. Each apartment has a lounge, kitchen, bathroom and one or two bedrooms.

TV aerial and telephone points are provided in the lounge and bedroom. Each kitchen has a range of wall and base units, a fitted electric oven and hob, and spaces for a fridge and automatic washing machine. Bathroom facilities include non-slip flooring, a walk-in, level access shower and a shaver point. Each apartment is double glazed and has central heating.

### **General Facilities**

The scheme offers communal facilities for socialising and making friends. There is a large comfortable lounge overlooking the gardens which can be used for social functions, a garden room leading onto a patio area with paths around the grounds, a café/restaurant, a communal laundry, hairdressing salon, health/therapy room, guest room and assisted bathrooms.

There are further rooms which will be used for a variety of purposes, such as a library, IT meetings or creative workshops.



### **Meals**

Residents have the choice of preparing their own food at home, or alternatively, purchasing meals within the scheme's own restaurant. Our cook is highly trained and experienced in meeting special dietary requirements, and regularly consults residents to ensure varied and interesting menus. The restaurant is open daily.

### **Social Facilities**

There is no reason why you can't maintain any existing links you have with the local community or develop new friendships and relationships. Social events are organised by staff and volunteers at the centre as well as a diverse range of other activities.

### **The Manager**

The Manager is there to help you get the most out of living at Rowanberries. The Manager is responsible for the day-to-day running of the scheme, working alongside the staff team and other professionals to ensure that you are receiving the care and support you need to maintain a good quality of life.

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## Care Services

Support services are provided by an experienced staff team, which ensures a 24-hour service is available to all residents. This service is paid for through a well-being charge.

Individual care and support requirements are identified in your personal care assessment and plan, which is developed in consultation with you. This will ensure your specific care needs for daily life are met.

All our staff are professionally trained and are available to support you with your personal needs, including medication, preparing drinks and snacks, cleaning and laundry, collecting pensions, paying bills, contacting GPs and dealing with emergencies, as required.

We will also monitor the care delivered to you and with your agreement, we can liaise with Social Services and other professionals for any additional care requirements. These services are billed separately from your rent, service and well-being charges.

## Cleaning & Laundry

To enable residents to retain independence, everyone has the option of undertaking their own cleaning and laundry. The laundry facilities available are located in a shared utility room. Alternatively, residents may prefer or need help from staff in the laundry.



## Security & Peace of Mind

Entry to the building is through a main front door. A door-entry system enables you to speak to visitors before opening the front door, all from the comfort of your own flat. Help is always at hand with our emergency call system. A pull cord is located in all the apartments/communal areas which allows access to staff in an emergency. We respond promptly to calls for help 24 hours a day, 365 days a year.

Assistive technology is available for added security and monitoring your health when needed.

## Visitors

Your guests are always welcome and a double guest room is available for visitors to stay in, at a small charge.

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## Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is different for each individual. Religious faith, good relationships, and positive experiences all play their part. We see the beneficial effects of visits by family and friends, the presence of animals, and in engagement with nature, music, art or other creative activities.

In addition to our dedicated staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

## Where Are We?

### From the North.

Leave the A1 at J47, taking the third exit at the roundabout onto the A59 towards Harrogate. At the next roundabout take the second exit onto the A658, signposted Bradford. Continue for 20 miles until you enter Bradford on the Harrogate Road.

At the crossroads turn right into Northcote Road, A6177 (signposted Ring Road, Keighley, Shipley).

At the next T-junction turn left then right and continue straight on through

three sets of traffic lights. Turn left into Legrams Lane and continue forward onto Clayton Road.

Next, continue forward onto Bradford Road, taking the second exit at the roundabout onto The Avenue and then continue forward onto Baldwin Lane.

### From the South.

Leave the M1 at Junction 42, taking the first exit at the roundabout to join the M62 motorway (signposted Manchester, Bradford, Leeds (W) and airport).

Leave the M62 at J26 (signposted M606 Bradford), then at the roundabout take the sixth exit, joining the M606 motorway. Bear right onto the A6177 Rooley Lane and at the next roundabout take the fifth exit continuing along the A6177 (signposted Ring Road, Bradford Royal Infirmary). At the traffic lights turn left onto the A647 heading towards Queensbury and Halifax. Continue along here for a short distance until you see Baldwin Lane on your right hand side.





### Interested in finding out more?

Please give us a call on:

**01274 884889**

We will be delighted to talk to you.

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