

Aldersgate, Nuneaton

Independent Living with Care



Comfortable one- and two-bedroom apartments designed for later life



Aldersgate

We understand that moving home is an important decision, and at MHA, we care about your new home as much as you do. Having worked with older people for nearly 70 years, we have used our experience to offer a new lifestyle option for later living.

- The privacy and pleasure of your own home within a friendly community
- Shared facilities such as a bistro and hair salon
- 24-hour specialist support and care
- Safety and security.

Enjoying later life to the full is all about having comfort, security and independence - the freedom to live your life, free from hassle and worry, with good quality care and support tailored to your individual needs - and that's exactly what Aldersgate offers.



About Aldersgate

Aldersgate in Nuneaton was opened in 1989. It is recorded that the idea for Aldersgate was given in a sermon preached in the neighbouring village of Stockingford. The original plan was that apartments might be built on waste ground behind Stockingford Church. In the event, this was considered unsuitable and the site of a former mineral water factory was chosen instead.

Designed to make life comfortable for older people, the accommodation is arranged on two levels with a lift and wheelchair access throughout.

The complex offers 34 purpose-built apartments. 27 are for single occupation, seven are for couples, and one apartment has disabled facilities suitable for a wheelchair user. The one-bedroom apartments are suitable for single occupation and the two-bedroom apartments are suitable for individuals or couples.

The Location

Aldersgate is situated on Rose Lane in Nuneaton, within easy walking distance of all the local shops, amenities and public transport. There are excellent transport links to nearby Coventry and Birmingham and also to Nuneaton town centre, which boasts the Ropewalk shopping centre as well as the newly planned retail and business district.

Twycross Zoo and the beautiful Kenilworth Castle are some of the sights in the surrounding area.

Apartments

Residents benefit from private apartments that are bright and airy. Each apartment has a lounge, kitchen, bathroom and bedroom. TV aerial and telephone points are provided in the lounge and bedroom.

Each kitchen has a range of wall and base units and spaces for a fridge and cooker. Bathroom facilities include non-slip flooring, a walk-in, level access shower with grab rails and a shaver point. Each apartment is double glazed.

General Facilities

Aldersgate offers communal facilities to assist with daily living tasks, socialising and making friends. There is a large, comfortable communal lounge which is used for social functions, a bistro, a communal laundry, hairdressing salon, quiet seating area, guest room and assisted bathroom.

The communal facilities are available for community events and activities to which all residents are invited. Some of these may incur a charge.

Meals

Residents have the choice of preparing their own food at home, or alternatively, purchasing meals from the scheme's own restaurant.

Our kitchen staff are highly trained and experienced in meeting special dietary requirements and regularly consult residents to ensure varied and interesting menus. The bistro is open daily.

Social Facilities

There is no reason why you can't maintain any existing links you have with the local community or develop new friendships and relationships. Social events and outings are organised by staff and volunteers at Aldersgate as well as a diverse range of activities.

The Manager

The Manager is there to help you get the most out of living at Aldersgate. The Manager is responsible for managing the day-to-day running of the scheme, working alongside the care team and other professionals to ensure that you are receiving the care and support you need to maintain a good quality of life.

Care Services

Support services are provided by an experienced staff team, which ensures a 24-hour service is available to all residents. This service is paid for through a well-being charge.

Individual care and support requirements are met in your personal care package, which is developed in consultation with you. This will ensure your specific care needs for daily life are met.

All our staff are professionally trained and are available to support you with your personal needs, including medication, preparing drinks and snacks, cleaning and laundry, collecting pensions, paying bills, contacting GPs and dealing with emergencies, as required.

We will also monitor the care delivered to you and with your agreement, we can liaise with Social Services and other professionals for any additional care requirements. These services are billed separately from your rent and service charge.

Cleaning & Laundry

To enable our residents to retain their independence, everyone is given the option of undertaking their own cleaning and laundry. The communal laundry is available throughout the day at no extra charge to the individual. Alternatively, for those who have assessed needs in this area, support will be provided by staff on-site.

Security & Peace of Mind

You will have no worries about security. A video door-entry system enables you to see visitors on your television and speak to them on your phone, before opening the front door – all from the comfort of your own apartment.

In the case of an emergency, help is always at hand with our emergency call system. Pull-cords are located in the lounge, bedroom and bathroom. If required, each resident can have a pendant to access an alarm, which allows you to call for emergency assistance at any time.

Visitors

Your guests are always welcome and a double guest room is available for visitors to stay in, at a small charge.

Spiritual Well-being

At MHA, we support each older person to live life in the way that they wish, providing opportunities for fulfilment.

We believe that spiritual well-being is different for each individual. Religious faith, good relationships, and positive experiences all play their part. We see the beneficial effects of visits by family and friends, the presence of animals, and in engagement with nature, music, art or other creative activities.

In addition to our caring staff and many volunteers, we have our own Chaplain who is available for pastoral support. Our Chaplain also organises worship services for those who wish to attend and can arrange for contact with other religious ministers if you prefer.

Quality Standards

We operate our own quality standards programme that is constantly audited and monitored to ensure the highest standards in all areas. MHA has been highly praised for excellent service by the Care Quality Commission, the Centre for Policy on Ageing and the Government's Audit Commission. If you would like further validation of our standards and quality of services, please do not hesitate to ask.

Where Are We?

From the M69, Leicester.

Leave the M69 at junction 1, for the A5, and proceed towards Nuneaton. Leave the A5 and continue on the A47. At the roundabout with the A4254, turn left and continue straight on at the next two roundabouts. At the large roundabout with the B4113 and the A444, turn right into Coton Road and then immediately left into Edward Street. Then take the second on the right into Harold Street.

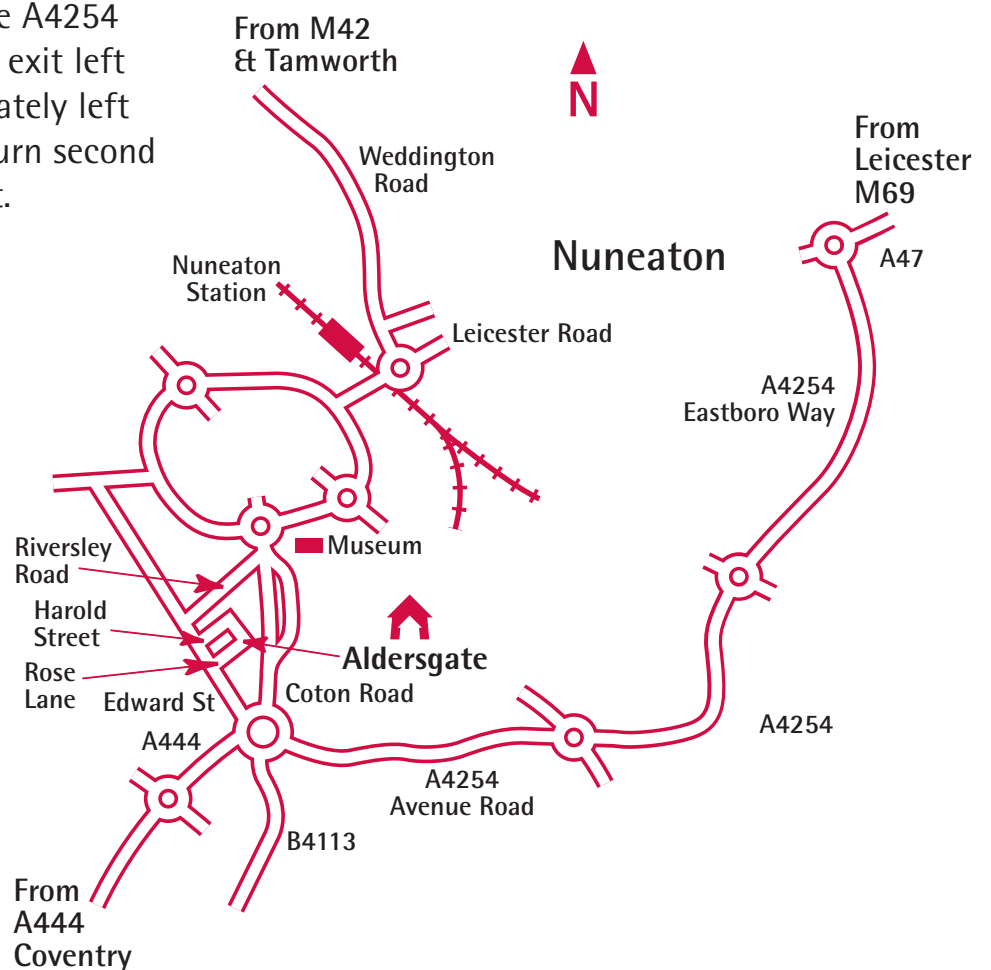
From the A444, Coventry.

Approach Nuneaton on the A444 and at the major roundabout with the A4254 signposted right, take the first exit left into Coton Road. Bear immediately left into Edward Street and then turn second on the right into Harold Street.

From the M42 and Tamworth.

Leave the M42 at junction 10 and proceed to Nuneaton on the A5 and then on the A444. Upon reaching the town centre, continue on the inner ring road, following signs for A444, Coventry.

At the roundabout with the museum turn into Coton Road and then into Harold Street. Proceed to the end of this road and access to Aldersgate is on the right.



*Map not to scale –
shown as a guide only*



Interested in finding out more?

Please give us a call on:

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We will be delighted to talk to you.

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