



Creating Communities that Care

An Activity for Children

The theme is around how we use our hands in caring for other people. Depending on the age and number of children it could include, discussion, art work or for older children maybe acting out the scenes from the passages listed below.

Discussion

How do we use our hands? The grown ups would probably say to work. What do you do with your hands?

What couldn't you do if you didn't have hands?

Jesus was asked on many occasions to heal people who were sick and there are lots of stories in the bible that I'm sure you have heard. He usually healed people by touching them. He put his hands over a blind man's eyes and he could see again. He took the hand of Jairus's daughter and she became well again, as did Simon's mother in law. Mark 1 v 31 5 v 40-41 8 v 23-25

Jesus's hands were kind hands and we used to sing the hymn:

Jesus' hands were kind hands doing good to all
Healing pain and sickness, blessing children small
Washing tired feet and saving those who fall
Jesus' hands were kind hands, doing good to all

Now I'm not suggesting that we can perform miracles the way that Jesus did, but we can use our hands to help, to show that we care and to support people. We can hold someone's hand if they're afraid, give someone a hug if they're sad, fetch a cup of tea for someone who might find it difficult to get up easily. There are lots of things that we can do with our hands to show people that we care about them.

Today we are thinking especially about helping older people. I'm sure that you help your mums and dads and grandmas and granddads all the time. What do you do for them and what do they do for you?

Artwork

Get the children to draw round their hand and suggest the following.

Write the names on the hands of people you care about or things that you do to help people. Draw pictures around the hands of the sorts of things that show how kind you can be and what you can do to help. Add things that others do for you.

Once complete join the pictures together to make a shape. Could be a circle, a cross, or all the hands reaching out.

Show how if we are part of a family or a community that cares our lives are so much better.

(Courtesy of Angela Robinson – Holmfirth Methodist Church)